

## PROFESSIONAL PSYCH SEMINARS PRESENTS

**ONE DAY ONLY! Friday, November 15, 2013**

REGISTER EARLY – We Expect This Event to Sell Out

ONE OF THE FOUNDERS OF COGNITIVE THERAPY. VOTED ONE OF THE TEN MOST INFLUENTIAL  
PSYCHOTHERAPISTS OF THE 20TH CENTURY

# Donald Meichenbaum, Ph.D

## Understanding Interpersonal Violence and Suicide: Treatment and Preventative Approaches

Hilton Pasadena, 168 S. Los Robles Avenue, Pasadena, CA 91101  
November 15, 2013 9:00 am – 4:00 pm



This presentation will examine how interpersonal aggressive behavior and suicidal behaviors develop and the implications for both prevention and treatment approaches. Various intervention approaches will be critiqued, differentiating between those programs that “work” versus those programs that inadvertently increase the level of aggression. How to assess the risk potential and predict intimate partner violence and suicidality will be highlighted. The controversy concerning evidence-based interventions such as Cognitive Behavior Therapy for depressed clients will be considered. How to implement the Core Tasks of Psychotherapy with depressed and suicidal adolescents and adults will be demonstrated. Detailed handouts will be provided that enumerate specific assessment and psychotherapeutic interventions.

### Objectives:

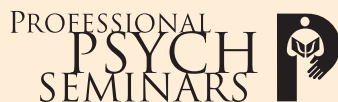
- List three risk factors that contribute to the development of aggressive behaviors toward others
- Enumerate three specific ways that trainers can enhance the generalizability of treatment effects with aggressive individuals
- Specify three risk factors for assessing suicidal potential in depressed clients
- Describe three specific evidence-based intervention procedures that can be used with depressed and suicidal clients

**Continuing Education Credit:** Participants will receive **6.0 CE credits**. Professional Psych Seminars is an approved provider for psychologists (APA), LMFTs, LCSWs, LEPs and LPCCs, Drug and Alcohol Counselors (CFAAP/CAADAC), certified counselors (NBCC), nurses (BRN), and social workers (ASWB). Please see our website at [www.psychsem.com](http://www.psychsem.com) for complete information on continuing education.

### QUESTIONS AND INFORMATION:

Call Professional Psych Seminars at 805-371-9443 or toll-free at 877-777-0668.

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### REGISTRATION:

*Your registration fee includes a continental breakfast, sit-down catered lunch and afternoon snacks.*

Early Registration (by October 25, 2013)	<b>\$165</b>
Regular Registration (by November 12, 2013)	<b>\$180</b>
Last Minute and On-Site Registration (if space available)	<b>\$195</b>

**INDIVIDUALS** can register online at [www.psychsem.com](http://www.psychsem.com) or by phone (877-777-0668), FAX (805-371-7443), or mail (Professional Psych Seminars, P.O. Box 3174, Thousand Oaks, CA 91359-0174). **A confirmation email will be sent once registration and payment is received.**

**REGISTRATION DISCOUNTS:** **2-4 (save 10%) 5-9 (save 15%) 10+ (save 20%)** Submit a registration form for each attendee. FAX to: 805-371-7443 or mail to Professional Psych Seminars, P.O. Box 3174, Thousand Oaks, CA 91359-0174

### REGISTRATION FORM (Print name as you would like it to appear on your Certificate)

Name: \_\_\_\_\_ Degree: \_\_\_\_\_ Lic. #: \_\_\_\_\_  
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### PAYMENT

Check Enclosed for: \$ \_\_\_\_\_ (made payable to: **Professional Psych Seminars**) Charge my: Visa Mastercard Discover AmEx  
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